

European Roundtables on the European **SACRED** and **SMARTOUR** projects “European Networks in Action - Empowering Care, Enriching Lives”

When? - 19.02.2026 - 9.30 -17.30 CET

Where? - IVASS (Pl. del Carmen, 4, Ciutat Vella, 46003 Valencia, Spain)

The event brings together European networks, policymakers, educators, researchers, and practitioners to explore innovative approaches to:

- *Supporting and empowering older adults living with dementia and multimorbidity*
- *Enhancing cognitive accessibility in care, tourism, and digital environments*
- *Strengthening collaboration across European social, educational, and local authorities*

Keynote Speakers:

- **Elena Albalat Aguilera:** Valencia Regional Councillor, Social Services, Family and minors
- **Maria José Rico Llorca:** President of ELISAN; Director, IVASS Valencia; Coordinator, ENSA Disability Working Group
- **Anthony Polychronakis:** City of Rotterdam; Leader, SACRED Project; Coordinator, ENSA Older Adults Working Group
- **Miltos Sakellariou:** ENSEL Coordinator; President, Social Cooperative Altera Vita, Cyclades, Greece

Meet European Networks:

- **ELISAN** – European Local Inclusion and Social Action Network
- **ENSA** – European Network of Social Authorities
- **ENSEL** – European Network of Social and Emotional Learning

Round Table 1 – SACRED Project

How can we better support older adults living with dementia and multimorbidity – and how can students and professionals be better prepared for the realities of everyday care?

Round Table 2 – SMARTOUR Project for Cognitive Accessibility

Moderator is **Dr. Miguel Vidal** (CIPFP Misericordia, Valencia | ENSEL Board Member).

How can cognitive accessibility in digital and physical tourism experiences empower older adults - particularly those living with dementia and multimorbidity - to enhance their quality of life, autonomy, and participation in society?

Round Table 3 – Active Aging and Well-Being

Guided by the ENSEL network, we will explore how social and emotional learning (SEL) can foster resilience, inclusion, and holistic well-being among older adults, contributing to meaningful and active ageing across the life course.

Round Table 4 – Organizations from the Valencian Community share how they provide support and care for older adults.

How are professionals trained to assist seniors, including those with disabilities? Experiences, practices, and recommendations.