



REGIONE AUTONOMA
FRIULI VENEZIA GIULIA

"No one Left Behind: Regional Leadership in Disability -Inclusive Development".

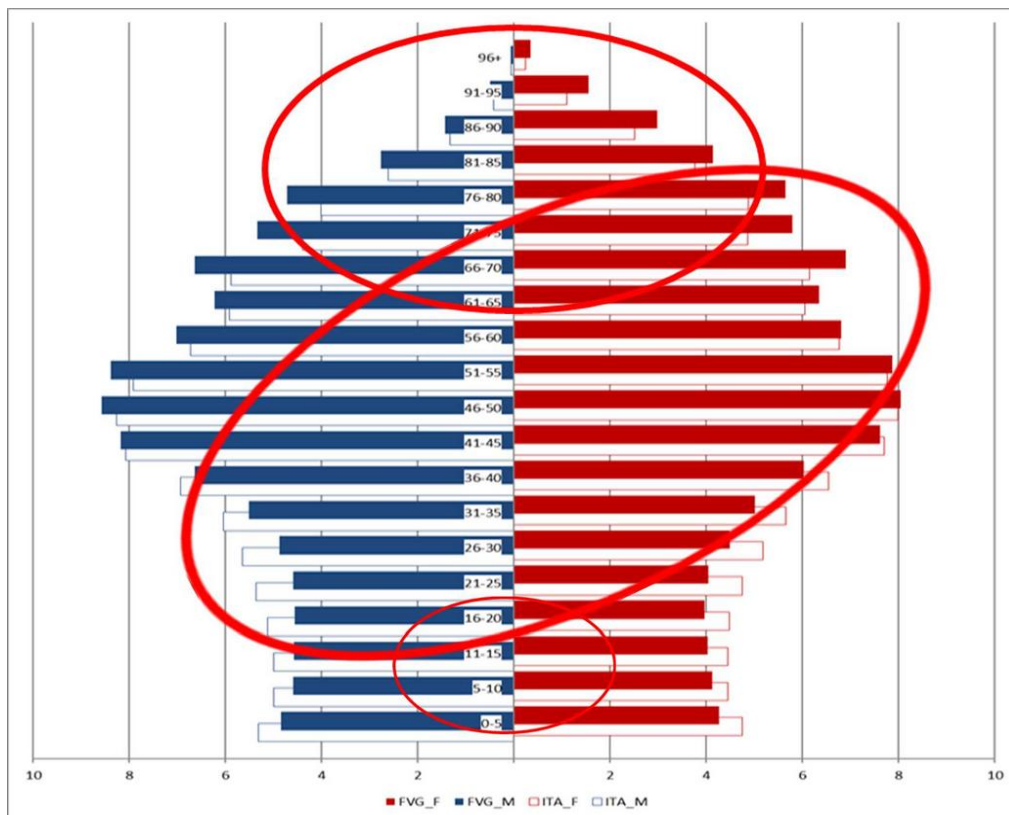
Gianna Zamaro
Friuli Venezia Giulia Autonomous Region (Italy)

Bruxelles, 12.02.2025

Direzione Centrale Salute Politiche Sociali e
Disabilità



Demographic Winter



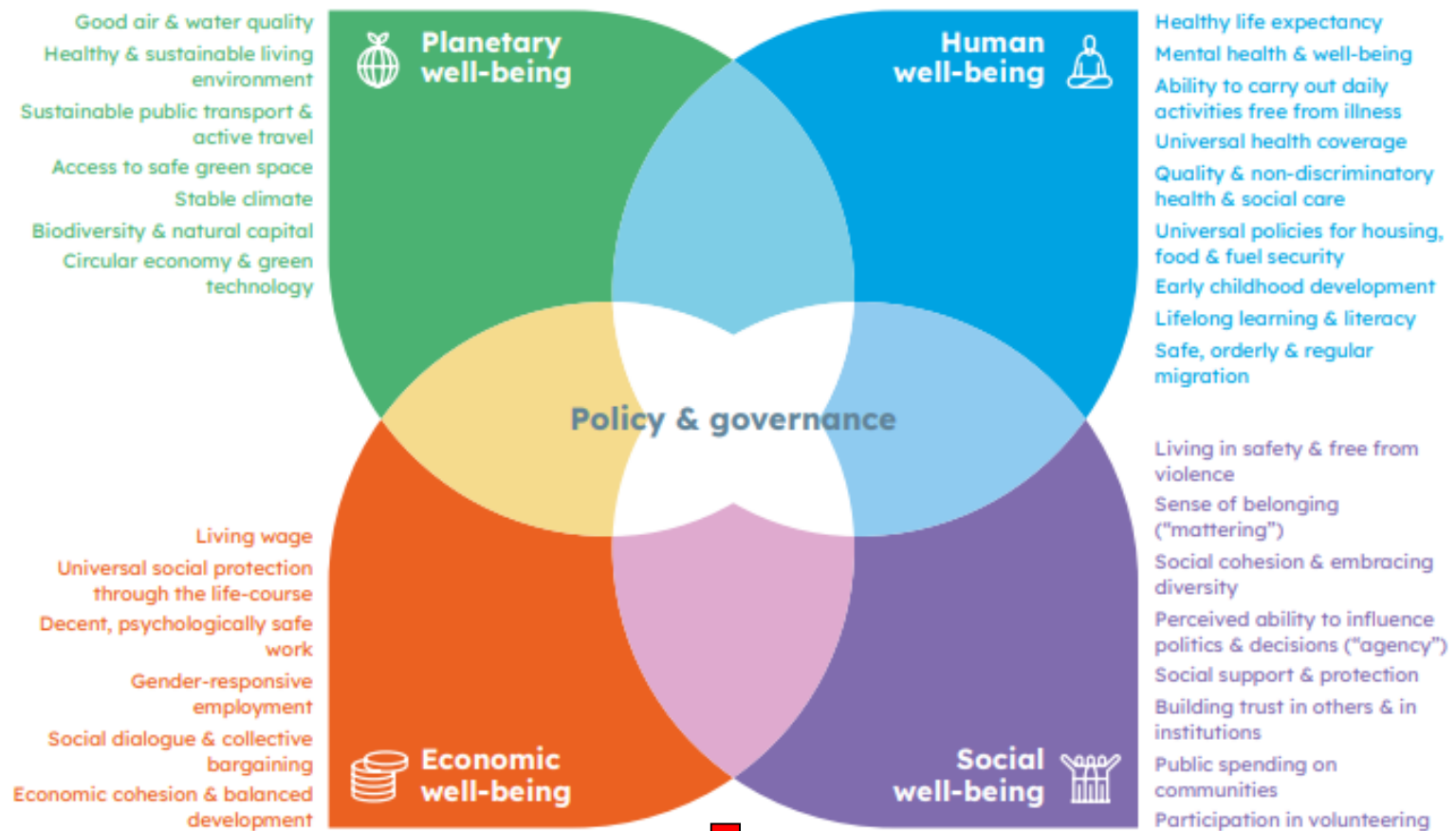
We have focused on the vulnerable groups of people:

- **older people**
- **children**
- **disabled people**

because we believe that an environment suitable for them is an environment suitable for everyone



The data and the needs of person & families (context analysis)



Well Being Economy Lab



- The FVG supports people with disabilities so that they can lead independent lives, which means being able to live like anyone else, make their own decisions about their lives, and choose how, where, and with whom they want to live.
- We strongly want FVG to be a Region that responds to the needs of vulnerable people at all stages of life, from childhood to old age.

https://disabilita.regione.fvg.it/it/schede/servizi/servizi_sociali/vita_indipendente.html



From strategy to laws

As the new approach was taking shape at a global level, several laws have progressively been adopted both at the national and the regional level according to the targets now clearly established by the SDGs:

- Regional Law 41/1996, on integration of health and social services for impaired people
- Italian Law 112/2016, (also called «dopodi noi», «after us») on assistance to severely impaired people with no family support
- Italian Law 68/1999, on impaired people's right to work
- Italian Law 104/1992, on assistance to impaired people, their social
- **Regional Law 22/2014** on active and healthy ageing and to counteract loneliness



The FVG regional LAW FOR CAREGIVERS ([Regional Law 8/2023](#)) recognizes:

- their social role
- provides support through financial assistance,
- a three-year action plan
- the provision of information, guidance, and relief services by social and health services.

The legislation establishes a contribution of [€300 per month for a maximum of 12 months](#), paid upon definition of a personalized plan, and facilitates access to training courses.



FVG Plan 2025



Community home care: In 2025, the Health Authorities, together with the Social Services of the Municipalities of the Trieste, Livenza-CansiglioCavallo and Central Friuli Areas, will continue the implementation of community home care experiments, which will lead to the definition of interventions and services for people with dementia in their respective pilot territories.

Frailty mapping: the Local Health Authorities continue the active surveillance activity aimed at the elderly population at risk of frailty, called PRISMA 7

WELL-BEING Promotion: Implement programs aimed at increasing the level of physical activity in all age groups, facilitating the inclusion of subjects in conditions to promote physical activity for each age group (Children and Adolescents, Adults, Elderly) or integrated interventions aimed at creating and enhancing urban contexts favorable to the promotion of an active lifestyle



REGIONE AUTONOMA
FRIULI VENEZIA GIULIA

SETTE SEMPLICI DOMANDE RIVOLTE ALLE
PERSONE DAI 75 ANNI IN SU

PRISMA

UNO SCREENING
PER RILEVARE
LA FRAGILITÀ
NELLE PERSONE
ANZIANE

Detecting frailty in and promoting accessible services for older people in Friuli Venezia Giulia, Italy

The Friuli Venezia Giulia
PRISMA-7 project
to promote a healthier,
more equitable society

A screening to detect
frailty & any disorders or
discomfort not recognised
by other means in the
population aged over 75

Direzione centrale salute, politiche sociali e disabilità



the C.R.I.B.A. (the regional information centre on architectural barriers) offers:

- free of-cost advice for the public and private citizens on the construction or renovation of buildings, houses and apartments free of architectural barriers, to promote the mobility of frail people and allow them to stay at home as long as possible



BLIND CAFFE'

In 2014, the Rittmeyer Institute for the Blind opened the Blind Café, a bar run by visually impaired people, to raise the public's awareness and encourage visually impaired people to develop the autonomy and skills in daily living that may help them get other employment in the future.



FVG: The Feasible Living (Abitare Possibile)



The Welfare Area of the Region started Feasible Living, an innovative housing initiative to assist older and disable people who are partially or completely dependent or frail.

We are developing an intergenerational housing program.

We will evaluate the Feasible Living initiative at the end of a three-year implementation period.



The Fund for Possible Autonomy and Long-Term Care (**FAP**) is aimed at people who, due to their condition of non-self-sufficiency, cannot take care of themselves and maintain a normal social life without the decisive help of others, including those with very severe disabilities.



The **FAP** is divided into the following types of intervention:

- Allowance for autonomy (APA)
- Contribution for family assistance (CAF)
- Support for independent living (SVI)
- Support for projects dedicated to minors (SPM)
- Allowance dedicated to people with very severe disabilities (AGD)
- Support for projects in favor of people with mental health problems (SM) and/or pathological addiction (DP).

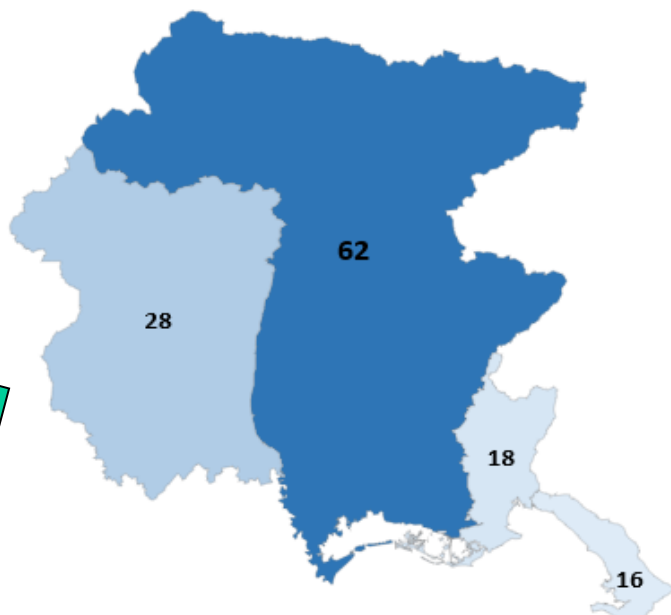


Healthy Ageing

- The Friuli Venezia Giulia region is experiencing an unprecedented demographic winter; the number of elderly people is significant, as is the **dependency ratio**, which **exceeds 36%**, and not even immigration is able to reverse this trend.
- It was the first in Italy to adopt a law on Active Aging and against loneliness (2014), which includes a three-year plan to fund NGOs that develop innovative projects for older people.



Active Ageing



124

Thanks to the resources invested in promoting Active Ageing and combating loneliness in recent years, good practices have been developed and resources already present in the territories have been enhanced, in a perspective of subsidiarity. In the image on the side you can see the geographical distribution of the projects implemented.

An example of an intergenerational project:
the **HERBARIUM** written by old and young people containing
some recipes made with common cooking herbs found in FVG





Objective:

- To create a hybrid home care service to support active aging and frailty
- to provide simple digital solutions, models and tools to support independent living.

Interreg
CENTRAL EUROPE



Co-funded by
the European Union

PROCAREFUL

Network of Cooperating
Organizations Agreement

Version: Final
06.2024



Project overview

PRO.active CARE F.or U.sers L.ife

Elderly and vulnerable people wish to be taken care of in their homes. But technical solutions to support independent living of people in need of care are often missing, especially in rural regions. The PROCAREFUL project wants to improve the situation by developing a new model for hybrid homecare services. The partners work on a solution that combines face-to-face care with remote and digital support based on machine learning and artificial intelligence. The deployment of the model is tested in five regions.



Approach: AI-based digital assistance.



Challenges



- Investing in health and innovation by protecting all citizens, especially vulnerable people
- working in an integrated way
- understanding the importance of evaluation
- finding a unified coordination mechanism
- fostering the idea of supportive environments in FVG Autonomous Region



Friuli Venezia Giulia

- a Region tailored to children, seniors, and people with disabilities
- a Region that cares for vulnerable people and families
- a Region that leaves no one behind
- a Region for everyone



https://disabilita.regione.fvg.it/it/schede/servizi/servizi_sociali/vita_indipendente.html



REGIONE AUTONOMA
FRIULI VENEZIA GIULIA

www.regione.fvg.it



Thank you for your attention

Direzione Centrale Salute Politiche Sociali e
Disabilità