

Young people and Covid

Directions to Local Social Health Units for the implementation of
«Teenage District Functional Units – UFDA»

Venezia 21.01.2022



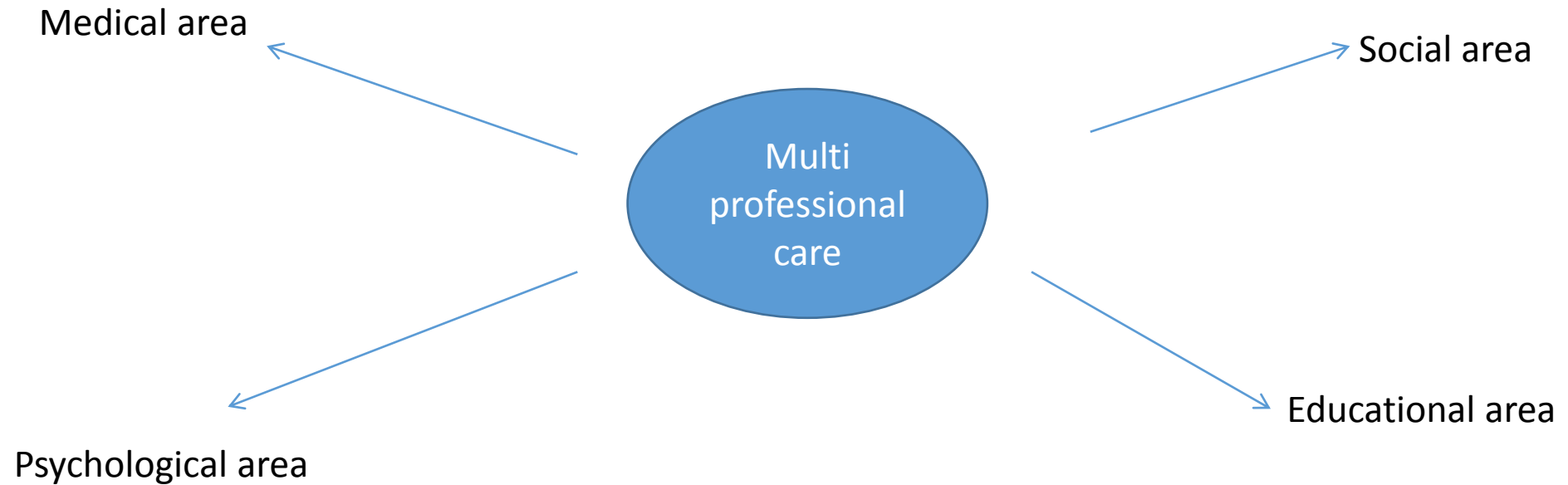
REGIONE DEL VENETO

Veneto Region - Background

- ✓ Population 4,879,133 **persons**;
- ✓ 2,098,446 **families**;
- ✓ **Couples without children**: 43.6% of couples;
- ✓ **Couples with children**: 45% have only one child
- ✓ 61% of **18–34-year-old live in their parents' house**, even if they are employed.



Complexity



Taking charge

The taking charge is based on individual projects which require a strong investment on **team work**

A multidisciplinary group able to build an accurate comprehension of the situation, to incorporate the observation data and to develop a coherently articulated therapeutic and care planning.

The Covid-19 pandemic – first results

According to a recent research by the Giannina Gaslini Institute in Genoa, the most frequent disorders in children and adolescents between 6 and 18 years involved:

- emotional instability
- irritability
- mood changes
- sleep disorders
- anxiety disorders
- increase in self-injurious behavior (and suicidal risk)
- increase in hospitalizations
- increase in cases of Eating Disorder (ED)

Teenage District Functional Units – UFDA

A team, or multi-disciplinary working group (psychologist, social worker, professional educator, child neuropsychiatrist and psychiatrist) available to offer advice and taking care of adolescents and their families with regard to the various discomforts and / or mental disorders related to the pandemic in progress.

This proposal pursues an approach to the person and not only to symptoms and allow the early interception of discomfort and a case by case taking charge.



Structural activation (District Director or his delegate)

Activation of a specific
Commission for the UFDA
Adolescent District Functional Unit
service

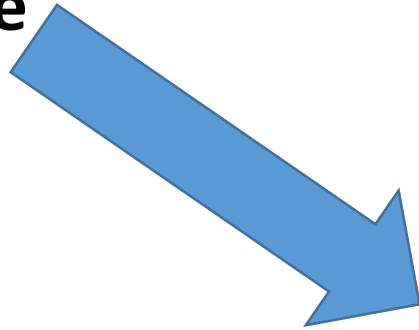
Activation of a specific territorial
CUP dedicated to the emergency

Activation of a specific UVMD for
adolescents with high and
medium complexity

Activation of the specific multi-
professional team

Functional activation

- **First filter and reception**
- **Assessment**
- **Multidimensional analysis**
- **Advice**



1) discharge with scheduled remote follow-up;
2) taking charge directly by the team in all situations of no particular gravity/complexity;
3) where necessary, taking charge of a second level service



Collaboration with the school

2 objectives:

1- Raising awareness and sharing information about the activities of the UFDA;

2- Spreading collaboration between school psychologists and the UFDA team



CASE MANAGER



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Connection between hospital and territory

The hospitalization for mental disorders in childhood should last the strictly necessary time to facilitate the exit from the emergency condition and support the return at home.

Three outcomes:

- reduction of hospitalization times
- protected discharge
- reduction of hospitalization relapses



Thanks for your attention!

Referees:

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