



ENSA General Assembly 2022

ENSA Elderly and Disability Working Group

Quality of life: post Covid challenges and opportunities for seniors,
professionals and persons with disabilities

Tuesday 25th January 2022

Empowerment of persons with visual impairments

Miltos Sakellariou

Anna Maria Foskolou

Social Cooperative of Cyclades

Association of Blind people of Cyclades



Social Cooperative of Cyclades-Alterra Vita

Administrative Support: Miltos Sakellariou, **Chairman of the Board**
Prevention Counselor in Addictions, Family Therapist

Alterra Vita Team

- Pavlos Aimoniotis, **ICT Expert, Technical Manager**
- Antonia Sakellariou, **ICT Expert, Project Manager**
- Eleni Karagianni, **Educator, Youth worker**
- Miranda Daskou, **Biologist, Youth worker**
- Leonardos Palaiologos, **Youth worker**
- Aggeliki Sakellariou, **Facilitator, Occupational Therapist**
- Eleftheria Pouftsi, **Occupational Therapist, Volunteer**
- Agni Kapella, **Logistics, Secretary**

With the ERASMUS + programmes are involved also other members of ALTERA VITA, **Social Workers, Psychologists, teachers, ICT specialists, youth workers.**
We have the Quality Label from European Solidarity Corps as Hosting and Sending Organization. We involve in our activities volunteers from Greece and Europe.

Archipelagos Union of Social Cooperatives of South Aegean

- Our vision is the social and solidarity economy and cooperation with the empowerment of social cohesion and the strengthening of local or regional sustainable development.
- **Archipelagos Union has 20 Social Cooperatives from South Aegean**



ALTERA VITA-Prevention Programmes

- Altera Vita is a scientific research Centre and implements education and awareness programs, working with volunteers in the areas of **Education, Environment & Culture and Social Inclusion** programs, at the community level.
- Altera Vita organizes domestic and transnational trainings-workshops, on a wide range of topics.
- Involving youngsters in arts, sports and outdoor activities
- Altera Vita Target groups are Volunteers- parents-educators-youth workers-Mentors
- Developing and establishing permanent connections between, schools, Universities, teachers, public and private institutions
- **Creating and supporting networks of prevention programmes for bullying, drugs, sexual education, human rights, inclusion and quality of life to fight loneliness and to improve a network of services to the citizens, including patients suffering from chronic and disabling diseases.**
- **Holistic -systemic approach**

NETWORK OF PREVENTION & HEALTH PROMOTION OF THE CYCLADES



ALTERA VITA & E-LEARNING



E-Learning- Social Cooperative of Cyclades




- **methods and techniques synchronous, asynchronous and blended distance learning**
- **electronic manufacturing course with popular e-learning environment / teaching**
- **Create e-courses through our MOODLE platform**




E-Courses –distance learning

Available courses




European Network of Social Authorities

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Syros' Paths-Ta monospina της Σύρου

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E-Courses for people with visual problems

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Διαδραστικά μαθήματα για άτομα με προβλήματα όρασης

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Ένωση Φορέων ΚΑΛΟ Νότιου Αιγαίου "Αρχιπέλαγος"

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REFLECT-Teachers' E-Course-EN

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REFLECT-Teachers' E-course GR

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GOES LOCAL


Virtual Study Visit

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Telemedicine - Greece


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DANCEFULNESS


E-COURSE DANCEFULNESS

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ERASMUS + R.E.D.

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The Living Art - The art of living


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HPV


Διαφυλλικές σχέσεις και HPV

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School Violence and Bullying

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Σχολική βία και εκφοβισμός

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ENSA network and European Union Care Platform

ENSA is a network of cities and European Regions that has the aim of promoting international cooperation in the social field.

Main menu

Site announcements

Terms of use

Terms of use of the platform E-Learning ALTERA VITA

Thank you for using our platform!

Using the services and educational content provided through the E-Learning ALTERA VITA platform on the site <http://moodle.alteravita-cyclades.gr/> you agree to be bound by the terms of use as set out below.


If you do not agree with any of the following terms, please do not proceed with your registration on the E-Learning ALTERA VITA platform.

For more information please follow the link <https://e-learning.alteravita.eu/mod/page/view.php?id=128>

Live-Mood


ADMIN LIVE

Online users




The Living Art - The art of living

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Διαφυλλικές σχέσεις και HPV

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School Violence and Bullying

[ReadMore >](#)




Σχολική βία και εκφοβισμός

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Σχολική Διαμεσολάβηση

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E-COURSE sexual education (CSE) and virus HPV

[ReadMore >](#)




ERASMUS + WHY Reflections - Course A

[ReadMore >](#)




ERASMUS + WHY - Democratic Dialogue - Course B

[ReadMore >](#)



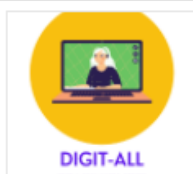
ERASMUS + YLYS - YOUR LIFE YOUR STORY

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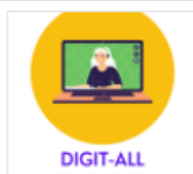
Traditional Sailing-E course

[ReadMore >](#)



DIGIT-ALL Digital skills for adults - Course 1- English

[ReadMore >](#)



DIGIT-ALL Digital skills for adults - Course 2 - English

[ReadMore >](#)

ENSA NETWORK

The image shows a Zoom meeting grid with 13 participants. The participants are arranged in a grid with the following names and details:

- Oscar Zanutto**: Name and email (oscar.zanutto@israa.it) are visible. The background includes logos for I.S.R.A.A. and F.A.R.E. (Fahbrica Europa).
- Rens Martijn**: Large central video feed showing a man with glasses and a headset against a sunset background.
- Dejanovic Miljana**: Video feed of a woman with dark hair.
- Elena Curtopassi**: Video feed of a woman in a red top talking on a mobile phone.
- Mirjam Koning**: Video feed of a woman in a red top with her hand to her face.
- Anthony Polychronakis**: Video feed of a man with glasses.
- Marco Ballotta (F&A)**: Video feed showing a grey silhouette icon.
- Arja Peiponen**: Video feed of a woman with glasses and a green plant in the foreground.
- Ilaria Pitton ORAS SPA**: Video feed of a woman in a red top.
- Johan Warnez**: Video feed of a man with glasses.
- Annie Pettersson**: Video feed showing a grey silhouette icon.
- María Sorzano_IVASS**: Video feed of a woman with glasses and a headset.

At the bottom of the screen is a Zoom control bar with the following elements from left to right:

- Lock icon
- Participant count: 37
- Mute icon (disabled)
- Video icon (disabled)
- End call icon (red)
- Join a meeting icon
- Screen share icon
- Hand raise icon
- More options icon
- Timer: 1:29:19

AROGI-Association of Blind People of Cyclades



E-Learning -ALTERA VITA
Social Cooperative of the Cyclades

<https://e-learning.alteravita.eu>

E-Learning - ALTERA VITA Social Cooperative of the Cyclades



E-Courses for people with visual problems

E-Courses for people with visual problems



[Dashboard](#) / [Courses](#) / [ΑΡΩΓΗ](#) / [AROGI-EN](#)

General



As the official body, representing the visually impaired people permanently residing in the Cyclades, "AROGI" and its Members, make every effort to facilitate and upgrade the quality of life of our fellow human beings, strengthening the non-negotiable right in a dignified and equal living, similar to the other members of the island society.

Anna Maria Foskolou
President
AROGI

E-Courses for people with visual problems

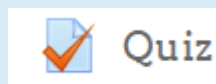
INTRODUCTION



E-Courses for people with visual problems

Section 1 - Introduction to VOICEOVER

- A general reference to the gestures and presentation of the main screen
- Activate VoiceOver via Mobile Settings.
- In this section, we will learn how to use our fingers to navigate on the main screen of our mobile, among the icons of the applications we have installed.
- Learn how to turn on the screen reader and its settings for the best use according to our needs.



E-Courses for people with visual problems

Section 2- VOICE DREAM READER APPLICATIONS -SEEING AI

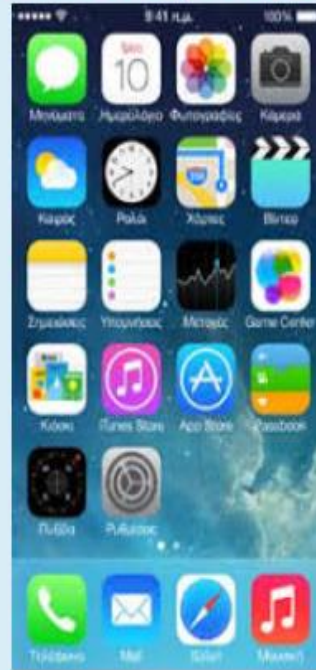
- We learn how to use two very useful applications for reading documents in electronic format, as well as object-face recognition, light detection, color recognition, and scanning of books and other documents in printed form.



E-Courses for people with visual problems

Section 3-Call and save our contacts

- In this section, we learn how to call an unknown number and one of our saved contacts using the VoiceOver screen reader.
- We learn to save a contact either through incoming calls or by entering the number directly.



E-Courses for people with visual problems

Section 4-CREATE FOLDERS AND ORGANIZE THE MAIN SCREEN

In this section, we will learn to create folders for better management of the central screen space and organize the applications in the order that serves us.



E-Courses for people with visual problems

Section 5 - COMMUNICATION THROUGH SOCIAL NETWORKING APPLICATIONS

- Send an SMS message to one of our saved contacts.
- Send messages to applications such as messenger, Viber, WhatsApp,
- In this section, we will learn how to communicate via message in various social networking applications.



E-Courses for people with visual problems

Section 6 - SEARCH AND INTERNET BROWSING

- In this section we learn how to browse the internet and search in the google search engine, using SAFARI.
- We learn how to search for music or movies and anything else that interests us in the YouTube application.



E-Courses for people with visual problems

Section 7 - SEARCHING APPLICATIONS IN THE APP STORE

We learn to look for applications and how to install them on our mobile.



E-Courses for people with visual problems

Section 8-ZOOM -FACEBOOK-BLINDSQUARE

- In this section, we will learn how to use some of the most popular applications such as Facebook as the main social networking platform
- We will also learn how to participate in teleconferencing via ZOOM.
- Finally, we will see a very useful application such as BlindSquare for those who are interested in discovering the shops and services around them.



Quiz

E-Courses for people with visual problems

Section 9-GENERAL MOBILE SETTINGS

- We open the settings and adjust our mobile phone according to our needs.



Quiz

E-Courses for people with visual problems

Section 10- BE MY EYES

We learn to use the be my eyes application through which we can call the first available volunteer, whenever we need his help.



AROGI at Schools



AROGI at Schools



Social Cooperative of Cyclades-European Projects

- ERASMUS+KA2–YLYS:2017-1-PL01-KA204-038666, applicant CKU BIALYSTOK, from POLAND, for the YLYS project
- ERASMUS KA2 – WHY: 2017-1-SE01-KA201-034597, applicant Municipality of VASTERAS from Sweden, for the WHY project.
- ERASMUS + KA2 :2019 KA201-CBFBC04- REFLECT applicant TOPUNT GENT- Belgium.
- ERASMUS +KA2: 2020-KA204-2220CB02- DIGIT-ALL, Digital skills for adults, applicant Orbis Institute, Slovakia.
- ERASMUS +KA2: 2020- KA204-A29E0F47- The Living Art - The Art of Living applicant CKU BIALYSTOK, from POLAND
- ERASMUS + KA2: 2020 619480-EPP-1-2020-1-IT-EPPKA2-CBY-ACPALA, *Live on the island, applicant Ass. Ottovolante Sulcis , Italy*
- ERASMUS +KA1: 2019-1-TR01-KA105-073564 applicant Rhythm for Peace, Turkey
- ERASMUS + KA1 : 2019-2020 Higher Education –NLROTTERD03 2019/20 as receiving Organization, students from the University of Rotterdam and the University of UTRECHT, for a traineeship in TELEMEDICINE, Holland
- ERASMUS +KA 1 : No 1-FR01-KA102-047463 with the Ecole Regionale de la deuxieme chance de Toulouse, France
- ERASMUS+ 2021-KA210-ADU-0801C1ED, RAREUCANDO EDUCATIONE DIGITALE with p63 Sindrome E.E.C International Network World Communication Onlus, Italy
- ERASMUS +KA2: 2022KA220-SCH-E2F6F850, with CANAKKALE ONSEKIZ MART UNIVERSITESI, Turkey
- EUROPEAN SOLIDARITY CORPS 2020-ESC31-03F52913 Paths of Syros, Applicant Social Cooperative of Cyclades-ALTERA VITA
- European Solidarity Corps 2020-1-EL02-ESC522018-005925, Quality Label as hosting and Sending Organization for European Solidarity Corps
- Participation at the [European Seminar « Echanges Culturels de Jeunes par le Théâtre, Quels enjeux et quel avenir dans un monde en crise ? »](#) May 2016 CREARC-Grenoble.
- Participation at the [European Seminar « Theatre, the Youth and Europe facing the consequences of the covid-19 pandemic »](#) Grenoble July, 2021

RAREUCANDO EDUCATIONE DIGITALE

ERASMUS + R.E.D.



R.E.D. Rareduciendo Digital Education

PARTNERS

STAKEHOLDERS



Lead partner
Italy – Padua
Ass. p63 Sindrome
E.E.C. International



EURORDIS
RARE DISEASES EUROPE



European Network
of Social Authorities

Greec-Syros
Altera Vita – Social
Cooperative of
Cyclades





ALTERA VITA
Social
Cooperative
of Cyclades



REGIONE DEL VENETO

RAREUCANDO EDUCATIONE DIGITALE

- The RAREUCANDO project envisages the awareness of the children about rare diseases. What are rare diseases?
- What to do if you have a rare disease? What is E.E.C syndrome?
- Why is scientific research important?
- Why do we talk about prevention and early detection?
- What are the safeguards for a person with a rare disease?
- All questions   an answer





p63 EEC Syndrome

p63 EEC International Network Word Communication Onlus

Ectrodactyly - Ectodermal Dysplasia - Cleft Syndrome



THANK YOU!!

**SOCIAL COOPERATIVE CYCLADES
ALTERA VITA**



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**AROGI -ASSOCIATION OF
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